

10-18-01



Inside the Human Body

see page 3



Showing Patriotism

see page 6



Women's Water Polo take its shots

see page 7

The ValleyStar

VOLUME 56, ISSUE No.5

OCTOBER 18, 2001

LOS ANGELES VALLEY COLLEGE



STAR PHOTO/JORGE GALLEGOS

Folklorico dancers entertain students and faculty members Wednesday at Monarch Square. The event was part of a campus program that featured some of Valley College's clubs.

ASU Urges Board of Trustees to Green Up the Campus

BY OLIVER CACANANTA
STAR REPORTER

Summer in the valley can be a scorching hell. Winter can be a freezing one.

Either way, the Los Angeles community colleges spend a lot of money keeping us warm and toasty, or cool and refreshed, the old fashioned way - crank up the air-conditioning or the heater and we are good to go.

So are there any complaints?

"Yes!" according to Valley College's Associated Student Union. As far as they are concerned, that will all change if they have their say.

In times of choking smog, strange weather patterns and melting ice caps, it is not enough to sit comfy on our seats and let the ozone disappear.

ASU just passed a resolution that urges the Board of Trustees to spend the bond measure passed by voters last April to incorporate environmental guidelines in the construction and renovation of campus buildings.

Some of the demands would include buildings controlled by solar panels, lighted by more efficient fixtures, and cooled and heated by better generators.

Supported by Valley students and faculty, the resolution advocates adopting a "sustainable building and renovation policy." The policy cites the need to decrease greenhouse emissions- widely accepted as the cause of global warming- to invest in renewable energy sources, and to develop long-term financial and civic benefits to the Los Angeles community colleges.

"I am very happy to hear that," said Nancy Pearlman, a trustee and lifelong environmentalist. "I am frankly annoyed that the board doesn't hold more meetings in the colleges to get the public more

involved."

Los Angeles voters approved Proposition A last April for \$1.25 million to fund the "construction, reconstruction, rehabilitation or replacement of college facilities, or the acquisition or lease of real property for college facilities."

Since then the Board of Trustees has appointed a 15-member committee to direct and report on the allocation of bond revenues. However, the board ultimately has the final authority on how the money is spent.

"Right now there are only two trustees we know who are on our side. The other five are undecided," said Kate Smolski, a Greenpeace representative lobbying on their Energy Now! Campaign. She is also working with several Los Angeles community colleges, including Valley and Pierce. "What we are trying to do now is build a grassroots coalition of faculty and students to voice out their environmental concerns."

The main obstacles to these policies are thought to be the cost and the perception that they will be too stringent and will hamper the construction of new buildings.

Solar generators would cost more to install compared to the natural gas and electric systems we now have. Many people also worry that adding more guidelines on top of everything else will drive constructors and investors away.

But proponents argue that the district should look at this issue on the long-term future of the colleges.

"Upfront cost will be initially high, but the cost in the long run will end up being cheaper," Smolski said. "The operational budget will be cut down in three to 10 years because the life of these solar arrays will pay for

See "GREEN" on p.5

Valley Aided in Waste Recycling

BY NJEHU GATABAKI
STAR REPORTER

Cautiously reaching into the yellow trash bin, a woman pulled out empty plastic bottles and aluminum cans and threw them into a large plastic bag, then proceeded to push her shopping cart to the next bin and repeated the procedure.

The woman, trades valuable aluminum cans and plastic bottles for as much as 15 cents a can. Recycling all around the globe has become such big business that these people are willing to brave society's condescending eye.

"I don't blame the people that pick it up; its money," said Chinemerem Ogike, a psychology major at Valley College. "It's a loss for us students because we buy a lot of soda but the school gets the money."

That would be true if Valley had a recycling program, but it doesn't, so others pocket the money.

In a world where people produce and consume tons of paper, plastic, aluminum and glass, adequate measures need to be taken to ensure proper disposal of waste. At Valley, students are constantly buying beverages, ripping out pages of their notebooks and throwing the used materials away. No second thought is given to the complicated processes involved thereafter. Ironically, others turn the waste into money, giving substance to the adage, "the streets are littered with gold."

"We stopped collecting cans because of competition with scavengers", said Charles E. Long Jr., the operations service manager responsible for all of Valley's recycling. "There were people breaking into the recycling bins just for the cans. There was no way to secure that, so we abandoned that for the time-being," he said.

See "RECYCLING" on p. 4

Children Coping With War

BY MICHELLE FOGEL
STAR REPORTER

Five-year-old Alex Marchiano didn't know why his mother had to pick him up from school on Sept. 11. His mother thought the enormity of the event was too much for a first-grade student to understand.

How do you explain September's terrorist attacks to a child?

"It's tough," said Christopher Marchiano, Alex's older brother who is a Valley College student and thinks a lot about his younger brother who lives in Virginia. Alex told his older brother over the telephone that "Mommy picked me up," and nothing more about the day school was cut short because of the terrorist attacks on the World Trade Center and the Pentagon.

"He's innocent," said Marchiano, who is a veteran of the U.S. Navy. "He doesn't know anything." Mothers and teachers around the world struggled to explain the terrorists attacks to



STAR PHOTO/KARLA S. GUTIERREZ
Mark Ellis, 9, shows off his new Halloween costume.

their children and students as well as the response to the attacks by the United States. Some local school districts recommended that instructors at elementary schools tell their students not to worry and that things will work out fine. Patti

Dengle, executive director of the Valley Trauma Center said, "Immediate action is important in lessening the effects of traumatic stress." She said children are innocent bystanders and need

to be reassured that they are safe and loved. Dengle added that children will watch their parents react to a situation and react in much the same way. The trauma center, located in Van Nuys, urges parents to communicate with their children and to realize that children can be influenced by their surroundings. Marchiano wasn't sure how much teachers or his mother should tell his little brother. "Alex has no concept of life or death," he said. "I think my brother should know something rather than

nothing." Trauma center officials recommend that parents and teachers should be on the lookout for signs relating to stress such as mood swings, shock, loss of appetite, restlessness and outbursts of anger. Parents who prepared their children helped to

See "KIDS" on p.4

Campus Security Increased

BY RENEE BARRERA AND
SAMANTHA KUPPIG
STAR REPORTERS

There have been five bomb threats on campus since last month's terrorist attacks and now Valley College has increased its security.

Tom Jacobsmeier, vice president of administrative services, recently sent an e-mail to campus personnel to inform them of a renewed security policy that is now in place.

Part of the plan includes roaming security guards who will inspect buildings and other areas for "any abandoned items, packages or backpacks," according to the e-mail.

Jacobsmeier added a second e-mail regarding security that calls for compliance and caution.

"Given the events of the last month and the ongoing need for additional vigilance on campus, we need to enforce a long neglected security precaution," said Jacobsmeier in the e-mail.

He also stated that anyone

See "SECURITY" on p. 5

Diversity Attracts New Instructors

BY MARINE AYKAZYAN
STAR REPORTER



STAR PHOTO/SKYLAR LENOX

Xiaoyang Liu gets familiar with the Valley College library.

Twenty-five new staff and faculty members were added to the Valley College campus this year. Vacancies, retirement, transfers and greater course demand were the reasons for the large number of new instructors.

Four new teachers were added to the physical education department and two new instructors were hired in the English and anthropology departments.

"I enjoy the cultural diversity at Valley, because I like to meet people from different cul-

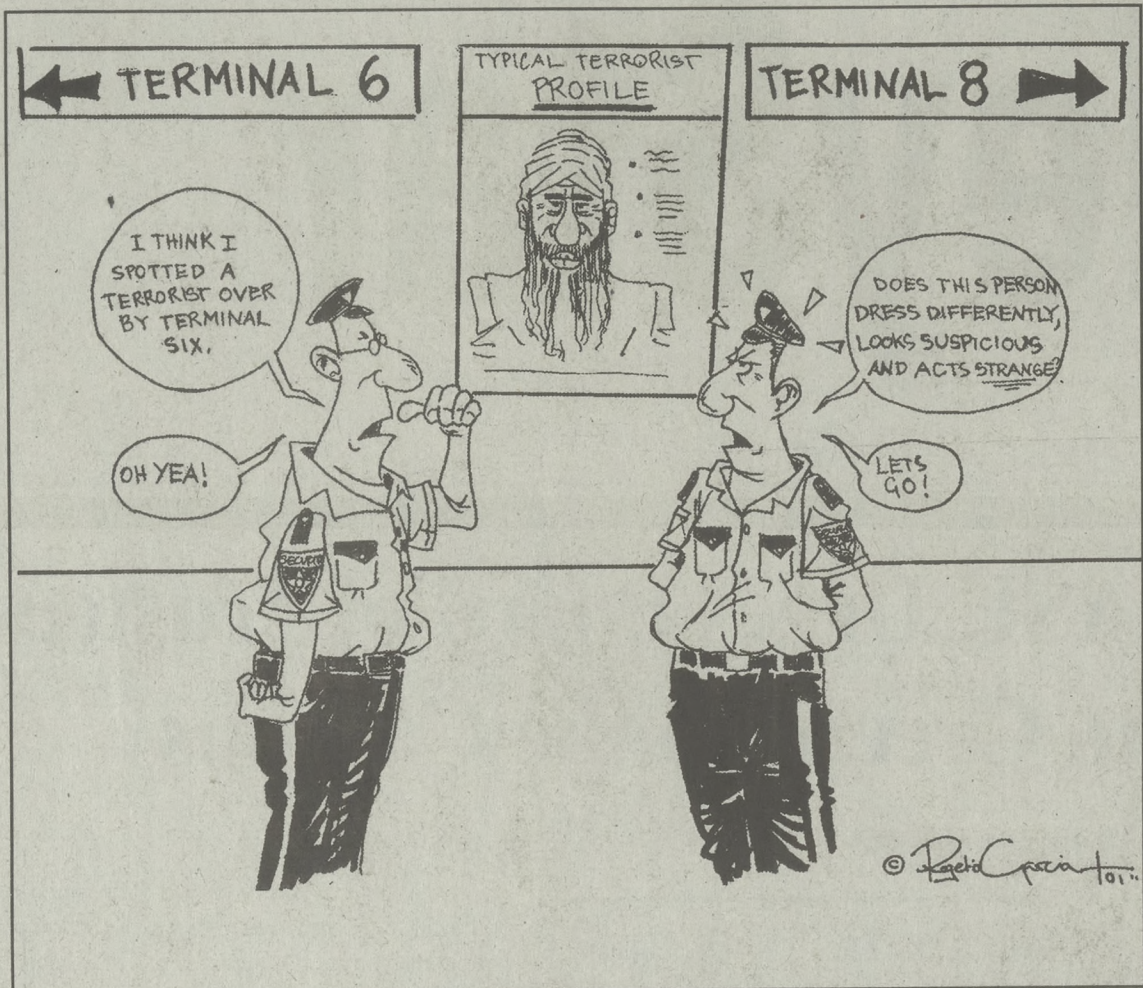
tures," said Carol Mailander, a new nursing instructor. Here are some brief profiles of eight of the new instructors at Valley.

Geordie Wright is a dance teacher in the physical education department. She was a dance major at the California Institute of Arts and has danced professionally on Broadway, television and film and for various dance companies. Her motive for teaching is to provide an educa-

See "PROFILES" on p. 4

Opinion

2. OCTOBER 18, 2001



Recycling - Why Not At Valley?

Are you finished with that tall, refreshing can of Arizona Iced Tea? You ask, "Where can I recycle this?" On the Valley College campus, the answer is the trashcan. No, not one specially designated for aluminum or glass or plastic- the regular old trashcan. Contents designated for the city dump. There are thousands of students on this campus. On any given day, thousands of recyclables are tossed in the trash. Luckily we have a group of people referred to as "scavengers" who come on campus and separate the aluminum, plastic and glass from the trash. They benefit from the CA redemption value refund, not you as the consumer who paid the tax. We had a recycling program in the past. I realize that it failed because of vandalism and lack of steady supervision. The

problem is that the responsibility of having a program lies within the hands of the ASU and not the administration. The commissioner of environmental concerns is the person who would head the recycling campaign. Unfortunately, there is no officer serving that position this semester. Although there was someone elected to the office last semester, no one currently holds the position or has stepped up to replace him. It is embarrassing to go to a school that doesn't recycle. It reflects badly on the faculty and students. Do we just simply not care, or are we just too lazy to keep a program alive? We as citizens of this world should care where our waste goes after it leaves our hands. It's time we start showing it.

Help Ginger the Campus Dog who lives in the police office. She is in need of an operation to remove a cancerous tumor. The operation is going to cost between \$750-900. If you'd like to donate money (the fund only has \$200) to help save her life, go to Bungalow 59 or call 947-2911. Ginger has been on this campus since at least 1987. She needs our help. Let's unite.

The ValleyStar

Samantha Kuppig
Nidia Ivette Garcia
Marcy Petrique

Barret Oliver

Renee Rose Barrera
Andrea Zollman

Rogelio Garcia
LeVon Davis

Oliver Cacananta
Ricardo Miranda
Pedro Olivera
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ci·vil li·ber·ty

n. A fundamental individual right, such as freedom of speech or religion, protected by legal guarantee.

—Riverside Webster's II Dictionary. Revised Edition 1996.

BY ROGELIO GARCIA
STAR REPORTER

Since the attacks in New York and Washington on Sept. 11, many Americans feel unsafe and are prepared to trade their civil liberties for a false sense of security. Well, I am not willing to do that. I refuse to relinquish my freedoms promised to me as a U.S. citizen and I'll tell you why. For those who need a clear definition of the term civil liberties allow me to help you. Your civil liberties are those personal freedoms that are protected for all individuals and that essentially deal with your individual freedom. These freedoms directly involve restraining the government's actions against individuals and their privacy.

Now, however, the Bush administration has developed a plan to combat terrorism that includes all the bad ideas that will increase the power of law enforcement that have been deemed unconstitutional in the past. Attorney General John Ashcroft is the official who is spearheading the proposal to give the government sweeping new authority to eavesdrop and monitor communications in the United States. According to an article in the Oct. 13 issue of the Los Angeles Times, the House of Representatives and the Senate have agreed on similar laws, which give

more power to law enforcement to detain immigrants and monitor electronic communications and phone calls of suspected terrorist networks. The bill passed in the House in an overwhelming 337-79. These recommendations made by the Bush camp may seem like the right idea, but we must realize and understand that the government already has the power and authority to conduct wiretappings, search and seizures and surveillance. There is no need for congressional approval. For instance, according to the American Civil Liberties Union, of the 20,000 wiretapping requests made by law enforcement agencies last year, only 200 were rejected by district courts.

The argument involving civil liberties and terrorism has been a vague one right from the start. Most would agree that some loss of personal freedom might be necessary in order to ensure security, but not all removal of liberties is justified. For example, most of us accept the thorough inspections at airports since the attacks, even though it does violate our simplest civil liberties. Sadly enough, some individuals have been detained at airports for up to six days without being charged for a crime; these violations are clearly unacceptable. So the questions that need answering are, what

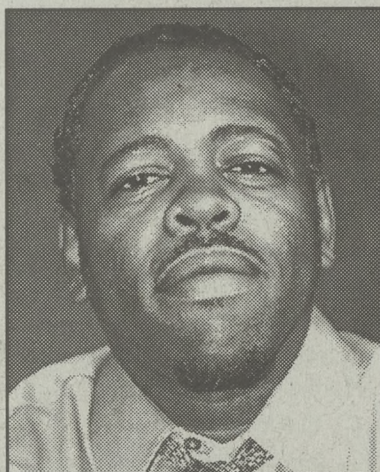
rights must be sacrificed and what will the definition of "suspected terrorist network" be? The government has repeatedly failed to give any real indication that removal of civil liberties is truly needed. In the same article (mentioned above) Bush was quoted as commending the House action and urging Congress to move the bill to his desk quickly. He added, "We must strengthen the hand of law enforcement to help safeguard America and prevent future attacks."

Since the Bush administration unveiled its proposal to the House Judiciary Committee three weeks ago, it has repudiated many of its recommendations. However, the ones that remain still hold very little credibility. One such proposal calls for the authorization of "roving wiretaps," which gives police the power to listen to people's phone conversations anywhere they go, be it at home or at work or at the home of a friend or relative. We must not allow our government to remove our freedom; it is the only thing that sets us apart from the rest of the world. I respect those who feel that they are being Patriots by supporting the government, but patriotism means supporting the country, not the government.

CampusView

How Would You Define Patriotism?

BY MARCY PETRIQUE
STAR REPORTER



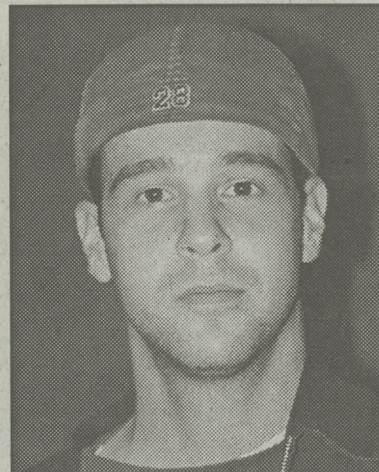
"Patriotism...can be defined as a loyalty to one's true values...such as loss of life, the goods and necessities of living, and toward everybody having a fair opportunity to say what they believe."

Marvin Wallace
Criminal Justice



"Patriotism is a love for one's country and also a knowledge of what our ancestors had to go through in order to give us the freedoms and the choices that we have today."

Geeta Isardas
Child Development



"Patriotism is voting, paying taxes, not breaking any laws, and being an asset to society."

Nick Zgradic
Photo/Magazine Journalism



"By recognizing who we are in our community and socially being the best person you can be in those environments, meaning participate in society, give your opinion disagreeable or favorable."

Charlotte Watley
Child Development

Write a letter to the editor
StareditorsLAVC@hotmail.com

Please include your name and telephone number
Letter may be edited. Deadline: Friday 4:30 p.m.

The Valley Star would like to inform our readers of our new production schedule. New issues will come out on Oct. 31, Nov. 14, and Dec. 12

Valley Life

OCTOBER 18, 2001 • 3

Campus Scene

Career/Transfer Center

Visit the Career/Transfer Center in Administration 126 or call (818) 947-2646 on Mon. between 9 a.m. and 7 p.m., Wed. and Thur. between 9 a.m. and 5 p.m., and Fri. 9 a.m. to 1 p.m.

Student Health Center

Mon.- Fri. opens 9 a.m. to 4 p.m. and Wed. 9 a.m. to 7 p.m.

Volunteer Opportunities

To volunteer your time and give back to the community, call Joyce Romero or Rick Brossman in the Counseling Office at (818) 947-2644

Planetarium

Planetarium Show "ET - The Real Search," Fri., Oct. 19, 8 p.m. Adults \$3.50, 65+ and ASU Card Carrying Members \$2.50 and Children 8-16 \$2.00. No one under 8 is permitted.

AIDS Walk LA

Registration starts at 8:30 a.m. and the walk at 9 a.m. Sun., Oct. 21. Anyone interested in walking or sponsoring may sign-up at the Student Health Clinic (North Gym) or by calling (818) 947-2918. The team number is 1338. Interested parties may also register on-line at aidswalk.net.

Media Arts Department Student Screening

Annual screening of student projects for Media Arts 101, Cinema 101 and 125 from Fall 2000 and Spring 2001 semesters. Sun., Oct. 21 at 6:30 p.m. Theater building, main stage.

College Fair

All day events in Monarch Hall Square on Tue., Oct. 23 from 10 a.m. to 5 p.m. Over 75 colleges and universities will be participating.

Application Workshops

1 p.m. to 2 p.m. in Monarch Hall on Tues. Oct. 23

Transfer Information Fair

5 p.m. to 7 p.m. in Monarch Hall on Tues. Oct. 23

CSUN Day

10 a.m. to 1 p.m. in Monarch Square and 5 p.m. to 7 p.m. in Monarch Hall Thurs. Oct. 25

Tango

Christopher Caliendo, Composer and Guitar Sheridan Strokes, Flute. Thurs., Oct. 25, Music Recital Hall, 8 p.m.

LAVC Wind Ensemble

Michael Mertens, Conductor. Mon., Oct. 29, Monarch Hall, 8 p.m.

Pride In Unity Club

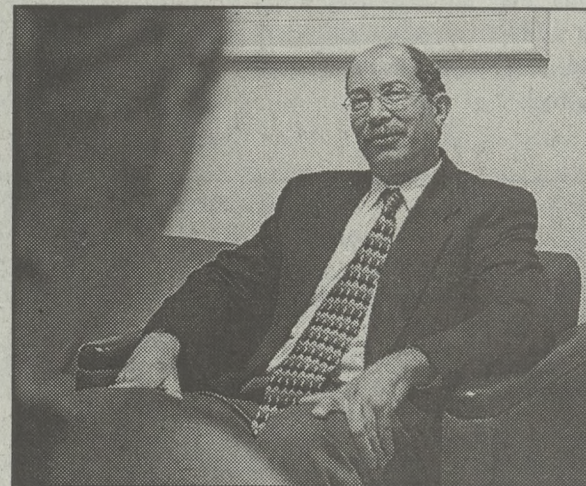
All Gay, Lesbian, Bisexual, Transgender, and Straight students are welcome to join the Pride In Unity Club every Thursday afternoon at 3:30 p.m. in Campus Center 104. Advisor: Cherine at LAVC ext. 2437. For more info. prideinunity@hotmail.com or President in person Geppetto Bauhaus at geppetto@bauhaus.com

LAVC Jazz Band

Woody James, Director. Thurs., Nov. 1, Music Room 112, 11:30 a.m.

The Psychological Effects of Terrorism

BY DR. CARL KING,
Ph.D.
SCHOOL PSYCHOLOGIST



STAR PHOTO/LAUREN RUDSER
Dr. King reposes in his office while discussing his duties with a guest.

We have all been exposed to the news of terrorist attacks, U.S. military retaliation, and anthrax exposures. Psychologists report that the events are on the minds of virtually everyone they see. The meaning of the events and concerns about how it affects peoples lives varies, but it is almost always seen as an additional stressor on top of the problems that they are already experiencing.

Everyone reacts differently depending on their personality, personal history of traumatic events and their coping skills. However, many people experience at least some of the more common reactions. The initial shock and disbelief has shifted toward anxiety, fear, and anger. There is still sadness and compassion for the victims and the victims' families. The attacks have disrupted our psychological equilibrium and made it more difficult to cope. There is a greater need to connect with others, and those who are alone feel even more isolated and depressed. Most people feel more vulnerable and like they have less control over their life.

Since there have never been terrorist attacks of this magnitude before, we now realize that anything is possible. It is a situation in which we as a nation are entering uncharted territory and there is no end in sight. This leads to uncertainty in many areas of our lives and fears of what will occur in the future, including the possibility of biological, chemical or nuclear terrorist attacks.

How to Cope with Terrorism

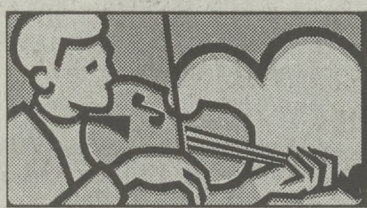
We will never forget the terrorist attacks, but to return to some sense of normality we must focus on coping. There are individual differences in

how we react. Some have a need to put it out of their mind, while others have a need to talk about it frequently and seek as much information as possible.

We constantly go through changes in our personal life and the attacks have produced changes both personally and collectively. As with any change process, our ability to adapt and be resilient will determine how successful we are in returning to the life we desire. Even though we will never get over it, we can get through it. The following should be considered to enhance ones ability to cope.

- There are many ways to cope with stress and each individual should reflect on what has worked for them in past stressful situations and see how these coping strategies can be applied to their current situation.
- One of the most effective ways to deal with stressful situations is to openly talk about your thoughts and feelings with those who are supportive.
- Stay informed so that you can better distinguish between rational versus irrational fear of various forms of future terrorist attacks. Also, consider the statistical probability of being at a specific place at the specific time that an attack occurs.
- Reach out to others. Helping other individuals or charitable organizations helps us feel good about our-

See "TIPS" on p. 5



Orchestra Review BY Linda Topdjian

Nancy Roth didn't let them see her sweat.

Instead, she gave a performance that lifted audience members off their seats and left them with a night of memories after her 90-minute show at Valley College's Little Theatre.

"I felt ecstasy and an uncontrollable feeling of delight, even to the point of conducting," said Rich Gerston, one of the 90 audience members who listened to the master violinist at work on Saturday.

Roth played Mendelssohn's Violin Concerto, Stravinsky's first ballet in his neo-Classic style, the Suite from the ballet Pulcinella and Beethoven's Fourth Symphony. The

woman, who started taking violin lessons when she was 17 years old, said her favorite composers of the evening were Beethoven and Mendelssohn.

"I played piano first and at age eight, then switched to violin lessons at age 17, that's when I knew I wanted to excel at being a violinist," Roth said. "It takes a total amount of concentration on my music and planning to stay focused. To play and be one with my violin."

Roth is the concertmaster of the Carson Symphony and Westchester



STAR PHOTO/KARLA S. GUTIERREZ
The Valley Symphony Orchestra performed Saturday at Valley College's Little Theatre.

Symphony, principal second violinist of the Chamber Orchestra of the South Bay and a member of the Pasadena Symphony. She has been a member of the Los Angeles Chamber

See "ROTH" on p. 5

Loves Salvation



STAR PHOTO/JORGE GALLEGOS

From left to right, Eric Steck as "Nate," Alicia Crespo as "Heather," and Leah Cunningham as "Lydia" in the love comedy "Loves Salvation" by Robin Stalling.

Sukkot Celebration



STAR PHOTO/LISA TOBIN

Hillel, the Jewish student organization, celebrated the harvest holiday of Sukkot for the 38th year on the Valley campus.

Amazing "Human Body" Fascinates Viewers

BY NIDIA IVETTE GARCIA
STAR REPORTER

Imax has an amazing way of making an impact with its seven-story screen and surround sound.

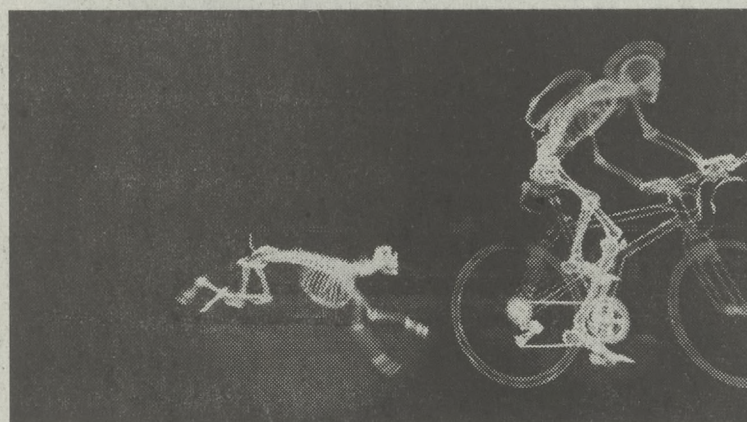
"We show the human body not just as biological machine," said Peter Giorgio, director/producer for the BBC "When it becomes interesting is when you see fantastic scientific and biological images and you understand the relationship between them and the human story." The natural daily bodily functions make The Human Body and extraordinary film.

"Large format films have traditionally climbed mountains, dived to the bottom of the ocean, but have never turned to look at our own bodies as a place of exploration," explains BBC writer-producer Richard Dale. The 43-minute film focuses on a family with each member taking us through a natural body function. The 100 billion new red blood cells the body generates

each morning; the 40 yards of new hair that sprout each day; a human egg nestling in the folds of a fallopian tube; a trip of a tomato from mouth to stomach are but a few of the images.

Medical science and film

tomato traveling through the esophagus into the stomach's cavity where we see it churning and mixing with bile to produce and extract all the proper nutrients and travel through the intestines for further digestion.



COURTESY OF DISCOVERY PICTURES

IMAX's X-ray technology featured in "The Human Body" features Zack riding his bike followed by the skeletal image of his dog.

technology make these ordinary events extraordinary in the film. Pencil-thin cameras that are easily slipped into orifices follow a

Several images used in the film were part of the award winning television series the film is based on, "Intimate-Universe: The

Human Body" which played on The Learning Channel (TLC) and the BBC. "It meant we could tell a day in the life of the human body is a quite interesting story," said Peter Giorgio, "You can talk about the different ages, different stages of life, different bits about the way the body works. You can make a film that's not just about biology but about being a person."

What is fascinating about this film is that unlike ordinary films, there is neither a climax nor a plot. The revelation of watching your internal organs at work is amazing and it seems that you are experiencing everything first hand. Human beings see the world in a new way every morning. The first time we open our eyes, the top layer of our vision sense receptors is simply scorched away. As a matter of fact every day is going to be seen differently through an almost new set of eyes.

"Kids"

continued from page 1

lessen the strain on them, according to a trauma center study. The study suggests that parents have a disaster plan, to equip children with emergency numbers and to help them be aware of their surroundings. Post disaster, the center recommends that parents encourage their children to paint, draw, or write, as a way to express how they feel.

"Profiles"

continued from page 1

tional environment where students can learn the fundamentals of dance. "I enjoy teaching dance classes because the students are enthusiastic and they are there because they want to be there," Wright said. "We have a lot of fun."

Xiaoyang Liu is a new librarian and enjoys working with students and faculty. She has a B.A. in international relations and a master's degree in communications from Beijing University and a master's degree in information science from Louisiana State University. Liu said the most significant event in her life was the birth of her two sons. She enjoys reading and hiking and said she likes working at Valley because of its diverse student body.

Bret Carthew teaches algebra and calculus. He said he enjoys teaching because he deals with people all day. He is interested in astronomy and enjoys hiking. He said, "many of the world's ills are cured by education."

Anaid Mushegyan is a counselor in EOPS and teaches personal development. She has a master's degree in college counseling and student services from CSUN. She said her motivation for teaching is to help students succeed. "If I reach one student, that will give me motivation," Mushegyan said.

Ron Ponciano is the head football coach at Valley. He said he enjoys "working with young guys to help them earn scholarships." Ponciano has a master's degree and a B.A. from Azusa Pacific University. He enjoys fishing and camping.

Jessica Mintz runs the supplemental instruction program at the Learning Center. She said she's excited to see the program grow and "provide students with the tools to succeed."

Other recently hired instructors include Marion Heyn, English; Steve Sachs, business; Eugene Sky Scott, anthropology; Rebecca Stein, anthropology; Pamela Byrd-Williams, biology; Elmda Baghdassarians, child development; Cherly Stoneham, English; Meredith Kurz, English; Donald Gauthier, geography; William Dauber, journalism; Eric Swelstad, media arts; Duane Smith, speech; Patty Melody, physical education and health; Kristine Panosyan, welfare to work; Wendy Defour, nursing; Valentino Ferreira, theater arts; Carol Bishop, art.

"Recycling"

continued from page 1



STAR PHOTO/KARLA S. GUTIERREZ

This is what happens to our rivers when we don't recycle.

Although the school is looking to contract a new company, currently Waste Management (WM) is the company that is working in conjunction with Long and his crew collecting waste. However, both are concentrating more on green waste, such as chopped branches and leaves mainly because it is the largest portion of waste around campus. Waste around the Valley is normally picked up three to four times a week and a compactor machine is used in recycling the waste.

"We sell firewood and put the mash (recycled green waste) back on campus to use as fertilizers for the plants and trees. Hopefully, we'll get into white

paper within the next couple of years", said Long. According to Earle P. Durley, III, Dean of Administration, the firewood is "put [up] for sale to employees" and the money is paid to the business office.

Recently, a new state law passed in California named AB 75 requires that state agencies and large facilities, such as campuses and prisons reduce waste by 50 percent. At least 25 percent of solid waste from disposal facilities should be diverted by January 1, 2002.

"The program does have guidelines to make students aware of the need to recycle", said Thomas Jacobsmeier, Vice President of Administrative Services at Valley. "Once we have the plan in place and it works well, we will try to increase it".

In the fall of 1999 and spring 2000 semesters, the Associated Student Union's (ASU) office of Commissioner of Environmental Concerns was filled by Armen Bunityan who was responsible for the recycling program on campus. However, "the collection (of waste) was quite a difficult process, which was expensive and needed more staff", said Tino Monzano, former ASU Board member now in Matriculation. The ASU after several weeks abandoned the job citing "complications."

"We can encourage people to recycle by having events that promote it, maybe even have speakers on campus", said Jennifer Brogin, Commissioner of Public Relations, who also mentioned that the position of Commissioner of Environmental Concerns is still vacant.

"When we put up a recycling program, it would help if everybody followed the program. Students could help by not throwing their paper on the ground", said Jacobsmeier indicating ways for students to contribute to recycling. "Valley is a great college and a serene campus, and if I'm walking around and I see something on the ground, I will pick it up and throw it in the trash bins!"

NOTICE OF CIGARETTE MARKETING CLASS ACTION LAWSUIT

IF YOU SMOKED AS A MINOR BETWEEN APRIL 2, 1994 AND DECEMBER 31, 1999, THIS CLASS ACTION NOTICE MAY AFFECT YOUR RIGHTS.

A class action lawsuit is pending in the Superior Court of the State of California for the County of San Diego, entitled Daniels v. Philip Morris, Case No. 719446 (JCCP No. 4042). This Notice is to inform you of the Court's decision to certify a Plaintiff class (the "Class"), the nature of the claims and defenses, and your rights at this time.

Are You Affected by This Case?

The following are members of the Class. All persons who as California resident minors (under 18 years of age) smoked one or more cigarettes in California between April 2, 1994 and December 31, 1999. The Defendants in this case are Philip Morris Incorporated; R.J. Reynolds Tobacco Company; Brown & Williamson Tobacco Corporation; and Lorillard Tobacco Company.

What is This Case About?

Plaintiffs allege that during the relevant period, the Defendants engaged in unlawful, deceptive and unfair marketing and advertising practices in order to seduce and induce minors in California to smoke cigarettes in violation of Business & Professions Code §17200. Based on these allegations, the Plaintiffs seek to recover on behalf of themselves and the Class certified by the Court (i) disgorgement and/or restitution of all monies obtained by the Defendants from the sale of cigarettes to minors during the Class Period, and (ii) an order enjoining these practices. The lawsuit also requests an award of attorneys' fees and costs if the lawsuit is successful. It is anticipated that any such request by Class Counsel will be sought to be paid either by a deduction from any recovery obtained by the Class or directly by the Defendants. The Defendants deny all of the allegations of wrongdoing and liability to the Class. In addition, the Defendants contend that a settlement that they reached with the State of California bars this action in its entirety. The Defendants have asserted various additional defenses.

The Notice is not intended to be, and should not be construed as, an expression of any opinion by the Court with respect to the truth of the allegations in the lawsuit or the merits of the claims or defenses asserted. The sole purpose of this Notice is to inform you of the pendency of this lawsuit so that you may make an informed decision as to whether you wish to remain in or opt out of the Class. Plaintiffs will be required to prove their claims at a trial set to begin on May 14, 2002.

You May Exclude Yourself from the Class.

You have a choice whether or not to remain a member of the Class. To remain a member of the Class, YOU NEED NOT DO ANYTHING AT THIS TIME. As a Class member you will be bound by all orders of the Court whether favorable or unfavorable, and this case will resolve any claims against the Defendants you have concerning the allegations summarized in this Notice. If the Class is successful, then you will be able to participate in any recovery obtained. If, however, any judgment is rendered in favor of the Defendants, then you will not receive any recovery. Further, if you remain in the Class, you will be barred from asserting the same claims against the Defendants in any future lawsuit you bring as an individual. (i.e., any unfair competition claim under California Business & Professions Code §17200 based on the acts as alleged in the complaint). You also have the right to seek the Court's permission to intervene or appear in the action as a named Class co-representative and to render an appearance through your own counsel.

If you do not wish to remain a member of the Class, you must state that you wish to "opt-out" in writing to the address listed below postmarked by November 19, 2001. If you opt-out (exclude) yourself, you cannot obtain any recovery obtained on behalf of the Class and you will not be bound by any Court orders or judgments. To exclude yourself, you must write to: Gilardi & Co., P.O. Box 8040, San Rafael, CA 94912-8040. The request should also state your date of birth.

If you are currently over the age of 18, the request should be signed by you, with your name, address, and date of birth printed below your signature. If you are currently a minor, under the age of 18, the request should be signed by your parent or legal guardian, with both your name and your parent or legal guardian's name printed below the signature, along with your date of birth. If you do not make a timely request for exclusion in the manner specified, you will remain in the class and be bound by the judgment in the case.

To obtain more information including a more extensive version of this Notice, call toll free 1-800-793-9998 or visit the website at www.bamlawca.com. PLEASE DO NOT CONTACT THE COURT.

Dated: September 10, 2001.

By:
Honorable Ronald S. Prager
Judge of the Superior Court

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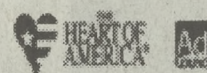
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“Green”

continued from page 1

themselves. That leaves money spent for other projects.

Pearlman adds that incorporating environmental measures does not necessarily mean delayed constructions.

“We already have building codes for earthquakes and construction design,” she said. “Adding environmental and aesthetic concerns in the planning stage, using innovative products and building materials to fit them in the environment, should not slow down the process.”

DMJM, a prestigious Los Angeles-based architectural and engineering firm that served the district, will present their planning report to the board in November. The meeting will be open to the public for debate.

In the meantime, ASU’s resolution hopes to influence other Los Angeles community colleges to follow suit before the board votes in December.

There will be a public forum open on Oct. 18 at the Radisson Hotel, 3540 South Figueroa Street in downtown Los Angeles, from 1 p.m. to 3 p.m., to hear comments on the bond program’s criteria for sustainability and greening.

If all goes to ASU’s plan, summer and winter will still be hell in Van Nuys, but Valley students will be comfy on their seats and helping the planet breathe a little easier.

“Tips”

continued from page 3

selves. Taking active steps toward doing something constructive also helps us establish a greater sense of control.

- Pay attention to your health. Eat properly, get sufficient sleep, avoid overuse of alcohol, and exercise regularly.
- One should maintain proper perspective. The terrorist attacks have caused many people to realize that the things that they worry about in their lives that they think are big problems are not as bad in reality as they envisioned.
- Realize how fragile life can be and appreciate what you have in life. Don’t take others in your life for granted. Show them how much you care for them.
- Understand that the emotions you are experiencing are normal reactions to an abnormal situation. Although we can take steps to minimize our anxiety, it will not be eliminated.
- If emotional symptoms of distress continue and interfere with your ability to function as effectively as you would

“Security”

continued from page 1

wishing to gain access to any building at anytime, “may be required to show district identification, or give their district ID number, and a picture drivers license before access will be given to any locked campus facility.”

Visitors to the campus must also obtain permission from an administrator, manager, supervisor or department chair, according to Jacobsmeier. They will also be forced to show identification.

Valley College experienced its first campus-wide evacuation on Sept. 13, two days after the attacks on the Pentagon and the World Trade Center. The campus has had four additional bomb threats since. The Sheriff’s department said they are not worried.

Randy Tunistra, Los Angeles County Sheriff’s deputy, said the threats have targeted specific buildings and there had been no need to evacuate the campus. He added that the renewed security policy is a way to allow sheriff’s deputies to get to know campus instructors and administrators.

“We just want to make sure who goes into the buildings to protect from theft and damage,” Tunistra said. “The sheriff’s only came in January to replace the campus police, we don’t know everyone like the campus police did and they want to get to know everyone.”

like academically or in your personal life, seek professional help.

The week after the terrorist attacks, the Los Angeles Valley College Student Psychological Services offered 12 group sessions to help students deal with the emotional consequences of the attacks. Handouts from these sessions, titled “Common Traumatic Stress and Grief Reactions and Coping Strategies,” and “Talking with Children About Terrorism” are available at the Student Health Center.

Los Angeles Valley College provides free, confidential, psychological counseling for full and part-time students. Counseling is available for any problem. The Student Psychological Services office is located at the Student Health Center in the North Gym. For an appointment call (818) 778-5504.

Halloween On Its Way



STAR PHOTO/MARCY PETRIQUE

“Roth”

continued from page 3

Orchestra and has been a featured soloist with numerous other orchestras.

“Nancy Roth is a joy to work with,” said Dr. Robert Chauls, who has been the artistic director of the Valley Opera since its inception in 1977. “She really helps the orchestra players rise to her level of performance.”

Chauls added that the Valley Symphony Orchestra is the finest community orchestra in the San Fernando Valley. The orchestra includes Valley students and many instrumentalists from around the area.

For her performance, Roth was dressed in a black sequined gown. Audience members said she made her performance look easy. She was graceful and her music was mesmerizing.

The audience seemed to feed off Roth’s energy, jumping to its feet at the end of the show. Roth was full of sweat after her performance and said shows like these are not easy.

“My blood pressure does go up from the concentration, stress and energy it takes to play a concert,” she said.

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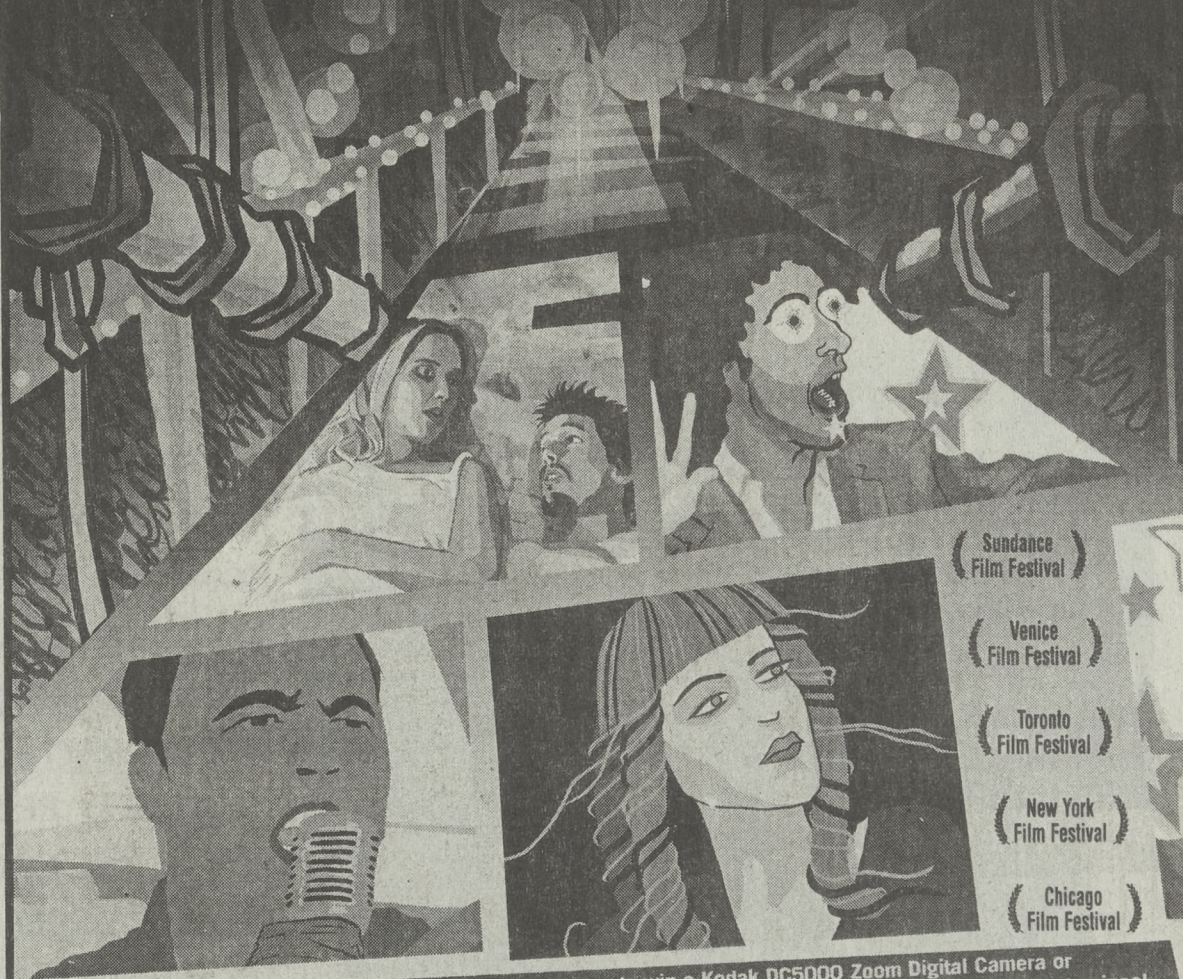
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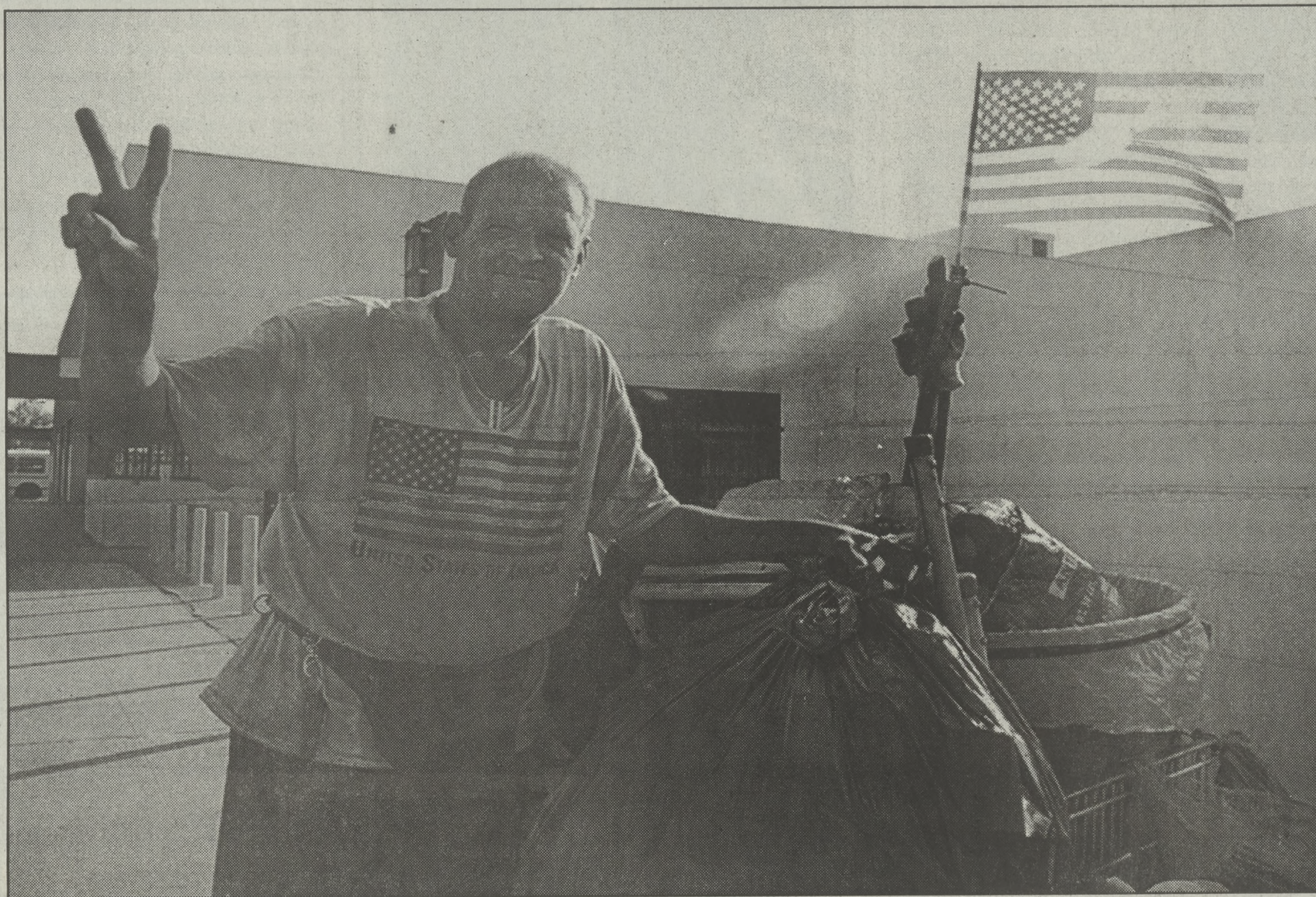
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The Trip Begins Friday At Selected Theatres

6 • OCTOBER 18, 2001

Gallery

Patriotism



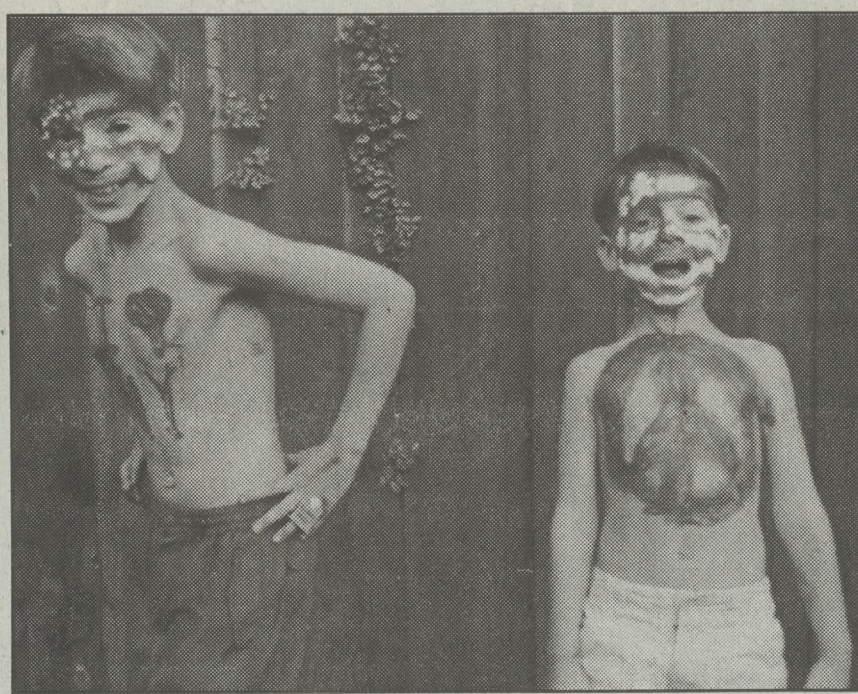
STAR PHOTO/JORGE GALLEGOS

Andrew N. Federonich, a Vietnam veteran and Los Angeles Valley College alumnus, proudly displays his flags.



STAR PHOTO/KARLA S. GUTIERREZ

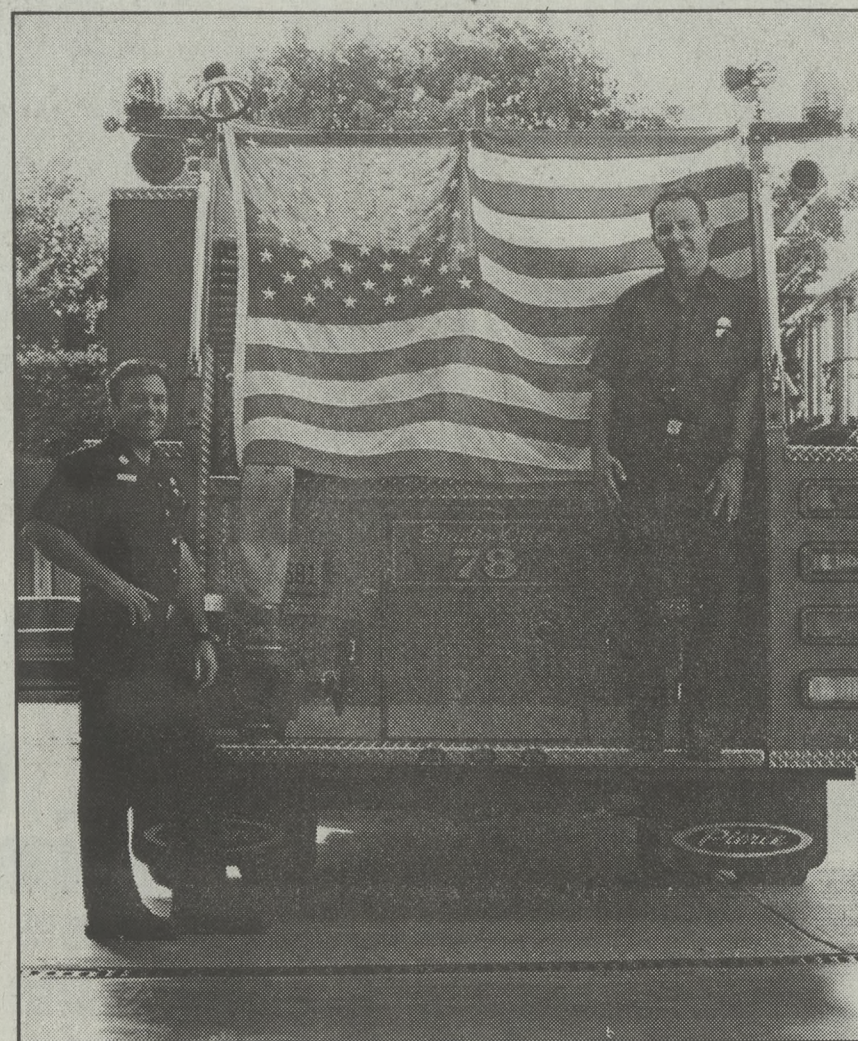
Children also showed their patriotism by displaying the American flag.



STAR PHOTO/SKYLAR LENOX

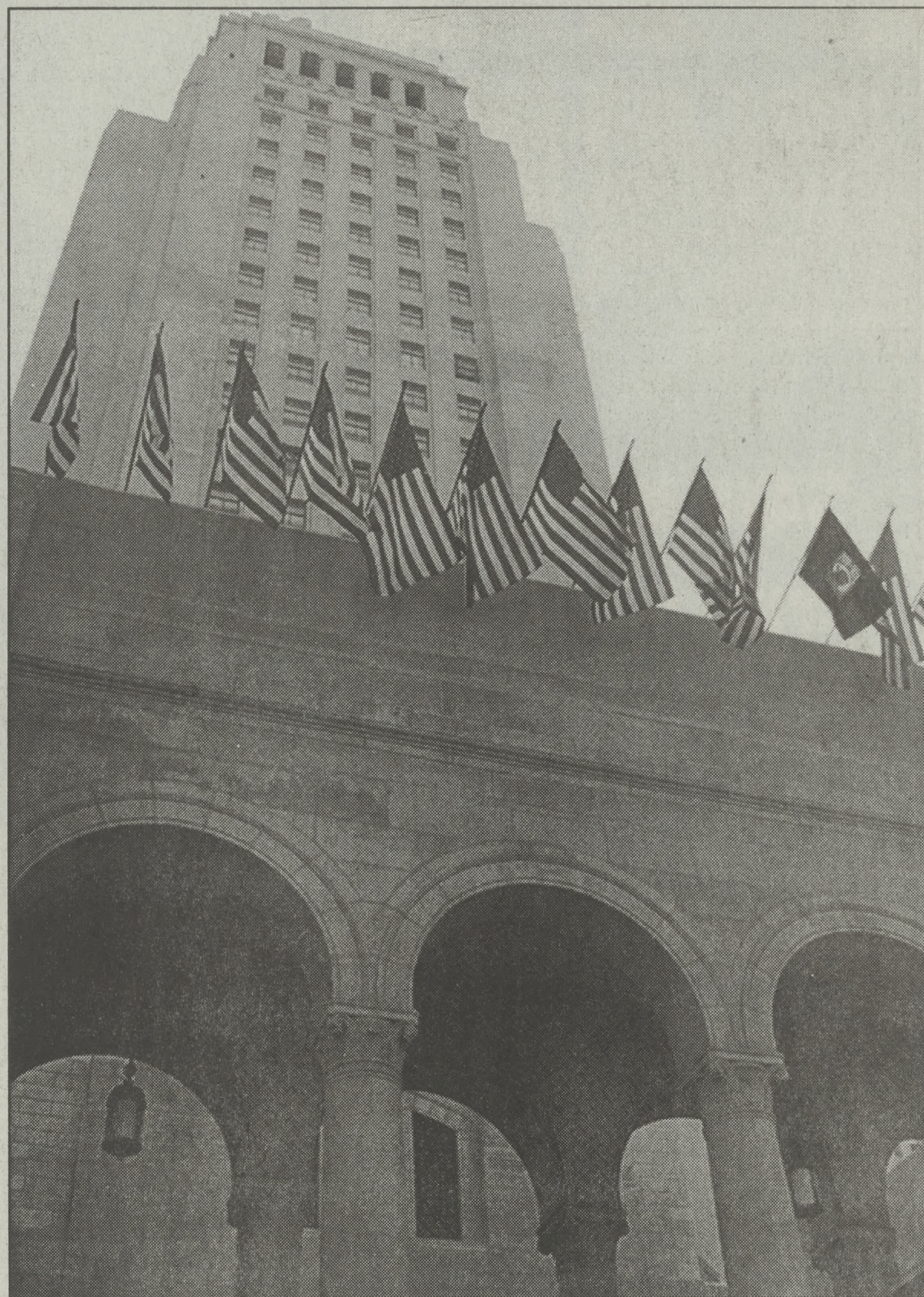
Michael Lowenthal 8, and Jeffrey Lowenthal 5, have patriotism written all over their faces.

THROUGHOUT THE CITY OF LOS ANGELES AND THE UNITED STATES PEOPLE HAVE EXPRESSED THEIR FEELINGS AND THOUGHTS SURROUNDING THE TRAGIC EVENTS OF 9/11/01 IN MANY WAYS. ONE OF THE MOST OBVIOUS HAS BEEN THE VARIOUS WAYS THEY HAVE HONORED THE AMERICAN FLAG. VALLEY STAR PHOTOGRAPHERS CAPTURED PEOPLE IN THE COMMUNITY DECLARING THEIR PATRIOTISM.



Star Photo/Lisa Tobin

Los Angeles City Firemen display old glory on their fire truck.



Star Photo/Salvador Aguilar

Los Angeles City Hall flies the flag to show our pride in our country.

Layout by Marcy Petrique

Sports

OCTOBER 4, 2001 • 7

“Review” A Week of Rest Was Long Overdue

continue from page 8

to play team baseball. After losing Randy Johnson, Ken Griffey Jr., and Alex Rodriguez in consecutive seasons, the Mariners tied a 95-year-old record for wins in a season with 116. They were led by Japanese sensation Ichiro Suzuki, who finished tied for the major league lead in batting average.

The most underrated record of the season belongs to Sammy Sosa. He did something no other slugger has ever done. Sosa became the first player ever to have three seasons with 60 or more home runs. He has been a model of consistency over the last several years and deserves a lot more recognition.

Tony Gwynn and Cal Ripken Jr. have both played their final game of their illustrious careers. One word is all you need to describe Ripken - ironman. He had over 3,000 hits, over 400 home runs and revolutionized the shortstop position. With all this, he will always be remembered for breaking Lou Gherig's record for consecutive games played. That is a record that will not be broken in our lifetime.

Gwynn is the best pure hitter since Ted Williams. His .338 career average puts him among baseball's all-time greats. He finishes with eight batting titles and two World Series appearances. Unfortunately Gwynn suffered through too many injuries the last couple of seasons, which prevented him from getting into the top ten in hits.

What made these two men so amazing is that they both played 20-plus seasons in baseball and they both stayed with the same teams through out their careers.

Cross Country

continue from page 8

we'll do even better."

Although the team was riding high after their impressive victory, the Monarchs are not about to get complacent as Alfaro says. "We're going to keep practicing hard. We got first place, but that doesn't mean we're going to slow down. We are going to practice like number two, so we can stay number one.



STAR PHOTO/SALVADOR AGUILAR

Running back Terrence Watkins (8) tries to avoid the Vaquero defender. Glendale went on to beat Valley 20-16.

BY LEVON DAVIS
STAR REPORTER

This past week, the Valley Monarchs football team had their bye week. They have managed to maintain a 2-1-division record and a 2-3 overall record. That's not where the Monarchs planned to be at this point in the season but they have gotten to a slow start.

This next week the Valley Monarchs face off against the L.A Harbor Seahawks. On Saturday, quarterback Mel Yarbrough, will test the Monarchs' league leading secondary. A secondary that had only allowed 108-yards per game and 540 yards all season. In this 2001 season, Yarbrough has thrown for 1329 yards, which leads the league. He has completed his passes at 54.1 percent, so the Monarchs defense can't relax on one down. If the secondary of the Valley team

doesn't play well, Yarbrough has the potential to throw over 400 yards. He has a season high of 413 yards against College of the Canyons. One of Yarbrough's favorite targets is wide receiver Jason Mitchell. Last year Mitchell gained All-Conference Second Team Honors, and he has started right where he left off. Mitchell has accumulated six touchdowns this season, which makes him the team's leading scorer.

Another test for the Monarchs this week will be the running game that has proved to work so well. The Seahawks have the top-rushing defense in the Western State Conference, and the main tool for the Monarchs' offense has been the run. Leading rusher for the Monarchs, Terrance Watkins, will not play due to disciplinary measures. This weekend will be

a true test to the backup backfield.

"Their production was slow at the beginning of the season but it has picked up these past few weeks," said coach Ron Ponciano about his backfield.

Saturday will prove to be a great game, because something has to give. Great overall Monarch defense versus a great arm in the Seahawks' quarterback in Yarbrough. Look for one of the special teams to make a big play to turn this game and maybe their team's season around. Whoever wins this game will have momentum to take for the rest of their season.

Treading in Thin Water

BY LEVON DAVIS
STAR REPORTER

The first half of this years men's water polo season has been a slow one. Only winning two games, they half made it a point to go out and improve every practice and every game.

"As long as we keep improving, we will have a good shot in our post season", said coach Wonmeen Jun.

They have good talent all around, but now they need to work on their team chemistry. Two players that will be key in their road to the playoffs will be, Mike Hoy, and Zarah Galstyan. Hoy is their 18-year-old freshman goalie with big expectations for himself and the team.

"With the work we have put into this season we should be pretty good come post season", Hoy said. Teammates and coach think that he is one of the keys that will open the door to their success. Hoy only being a freshman hopes to get All-American honors before he transfers schools. Another player that will

be essential for the remaining of the season will be Galstyan. He is a 17 year-old freshman that knows how to score. Galstyan also thinks that this team is not far from being a threat in post season.

"With better team play I think we can win or be second in conference." Galstyan said.

This team is confident that they are just a view pieces away from being a force in the Western State Conference. Coach Jun has been here for five years and knows this team can succeed when they put together the little things that are holding them back. Jun was a Monarchs All-American water polo player, and knows what it takes to have a winning team.

"While watching the tape, we can see that it was just the little things we did or didn't do," Jun said.

There are five games left in the season and they know what they have to do, now they will try to put their words into action.



STARPHOTO/LAUREN RUDSER

The women's water polo team at practice working on strategies for yesterday's game.

team, we are fighters and never give up hope." said Hoch. When talking to Hoch you might think she was quiet and reserved, but when you watch her play she is fierce and focused in goal.

In the rest of the season the women Monarchs are hoping to reach the Western State Conference tournament finals and advance on to the playoffs. They seem to have good spirits about their ability and the company that they keep around them. "I would say that the girls are very enthusiastic about what they do.", said Head Coach Krause. These women have worked hard, accomplished some goals, and have had fun doing it. If things keep looking up for the women Monarchs then we should be seeing them well into the post season.

Cross Country- Tuesday, Oct. 23 Western state Conference finals 1 p.m. @ Moorpark College

Water Polo- Wednesday, Oct. 24 Ventura 3 p.m. @ Ventura / Tuesday, Oct. 30 Fullerton 3 p.m. @Valley

Football- Saturday, Oct. 20 Los Angeles Harbor 7 p.m. @ Harbor / Saturday,, Oct 27. Bakersfield 7 p.m @ Bakersfield

STATS

Men's Water Polo

Western State Conference

	Season	WSC
Cuesta	15-7	3-0
Ventura	11-8	1-1
L.A. Valley	7-9	1-1
Citrus	7-8	1-2
Santa Monica	2-4	0-2

Water Polo State Standings

1. Golden West
2. West Valley
3. Riverside
4. Grossmont
5. Long Beach City
6. Mt. San Antonio
7. Cuesta
8. Ventura
9. Solano
10. Merced

Womens Water Polo

Western State Conference Standings

	WSC	Season
Ventura	3-0	16-6
L.A. Valley	3-0	11-8
Cuesta	2-1	14-10
Santa Monica	1-2	4-6
Canyons	0-3	3-12
Citrus	0-3	1-6

Water Polo State Poll

1. Orange Coast
2. Riverside
3. Golden West
4. Merced

5. Sierra
6. Long Beach City
7. Mt. San Antonio
8. Fullerton
9. Cuesta
10. Ventura

6. Moorpark	1-2	1-4
7. East L. A.	0-3	0-5
8. Santa Barb.	0-3	0-5

Pacific Division

	WSC	Season
1. Allan Han.	3-0	4-1
2. Canyons	3-0	4-1
3. Compton	2-1	3-2
4. L.A. Harbor	1-2	2-3
5. West L.A.	1-2	2-3
6. L.A. S. West	1-2	1-4
7. Santa Monica	1-2	1-4
8. L.A. Pierce	0-3	0-5

Football

Western State Conference

Mountain Division

	WSC	Season
1. Bakersfield	3-0	4-1
2. Glendale	3-0	3-2
3. Ventura	2-1	2-3
4. L.A. Valley	2-1	2-3
5. Citrus	1-2	1-4

Sports

8 OCTOBER 18, 2001

A Run For Number One

BY PEDRO OLIVERA
STAR REPORTER

Los Angeles Valley Monarchs men's cross country team is poised to make a run at the State Finals in Fresno next month. They have a well balanced team, led by standout runner Oscar Sanchez, and the coaching staff keeps them focused and disciplined. The only thing standing in their way is the Western State Conference Finals on Oct. 23 and the Southern California Finals on Nov. 3.

The team's balance came through in the WSC meet Valley participated in on Oct. 5 at Arroyo Verde Park in Ventura. Valley got contributions from the entire team, including four runners in the top 20 and three in the top 10. They were Oscar Sanchez, who came in 2nd place, Damian Mendoza 7th, Nelson Alfaro 10th and Isiah Allen 19th.

The victory may have been somewhat of a surprise to some of the teams that took part in the



The cross country team (left to right) Jose Alcaraz, Oscar Sanchez, Hector Merdonza, Isiah Allen, Damian Mendoza, Nelson Alfaro, Miguel Enriquez pose before their meet, where they placed first in the Western State Conference Tournament.

event. They probably didn't expect all of Valley's runners to do so well. But you can believe it was not a surprise to Valley. The men came in confident and ready to win. It showed in their performance.

"I feel happy," Sanchez said. "We won a conference meet and it's a beautiful thing to win for the first time. In high school, I never had the opportunity to have a good team. I felt like I was running alone. To have a good team makes a huge difference. This is the first time I have ever won something as a team, and to beat schools like Glendale

and Santa Barbara is an honor."

The men showed real team unity before, during and after the meet. They genuinely seemed to get along. They epitomize the true meaning of team spirit. They playfully teased each other before the race and cheered for each other during the race. "Everyone is together as a team," Alfaro said. "Everybody practices hard and everybody tries to do something to help the team win."

Teammate Hector Mendoza expressed similar sentiments. "I think we did well," he said. "We ran as a team today. We practiced

hard and today we ran strong. We came out good, worked hard, and look at what we got. We are the champions. Now we are looking forward to doing the same thing next week in the Southern California Finals. Then we can go to State and handle our business there."

Isiah Allen never had a doubt as to the team's outcome or his team's chances in the upcoming events. "I feel great," he said. "I worked out hard and I ran hard. I should have finished higher." As for next week, "I definitely think we're going to win. All of these same teams will

See "CROSS COUNTRY" on p 7

Major League Baseball Year in Review

BY PEDRO OLIVERA
STAR REPORTER

The 2001 baseball season ended on a somber note. Instead of celebrating one of the most memorable seasons in the history of the game, we nervously watched the United States and British air strikes in Afghanistan.

Baseball, as well as the rest of sports, was already in the back of everyone's mind. Everything that was accomplished during the year had been greatly overshadowed by the tragic events of Sept. 11. The terrorist attacks took the luster off of a season that had more milestones than any other in recent memory.

Americans have been mourning and grieving for over a month now, and it appears as though they are getting back to their daily routine. Although there will never be a time to put these events behind us, this might be as good a time as any to reflect on what a truly remarkable baseball season this was.

First there is Barry Bonds. Like him or not, he hit 73 home runs, while also setting a new record for walks in a season. Bonds broke Mark McGwire's record of 70 home runs without the benefit of the nation's support. It has been greatly publicized that Bonds is not a popular individual, not only is he

scorned in the media, but by his own teammates as well. However, this is not the main reason for the lack of publicity.

When Rodger Maris set the record of 61 home runs in 1961, it had been 34 years since Babe Ruth hit 60. Then it took 37 years before McGwire hit 70 in 1998. It's only been three years and Bonds already set a new mark. For a record to be meaningful it has to last more than three years. Had Bonds broken Joe DiMaggio's record 56-game hitting streak, the country would've been behind him 100 percent.

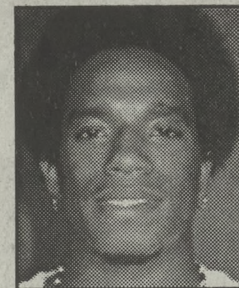
Bonds was not the only unpopular player to get his name in the record books. Early this season, Rickey Henderson set the record for most walks in a career and finished with 2,141. That was only the beginning as Henderson would also break the record for runs scored in a career, 2,246. Then, just for good measure, Henderson got his 3,000th hit on the last day of the season. If he decides to retire this year, he will go down as the best leadoff hitter of all time.

The Seattle Mariners were out to prove that there is a team in this day and age that still like to play team baseball. After losing Randy Johnson, Ken Griffey

See "REVIEW" on p. 7

A Brand New Squad

BY LE'VON DAVIS
Sports Editor



The NBA season is right around the corner, and with new trades and returning players, the Los Angeles Clippers should have a strong team. Even though they are younger than last year's NCAA championship team, we should see vast improvement.

One of the returning stars for the Clippers will be Lamar Odom. Odom is a 6-foot-10-inch nightmare for any defensive matchup. He is quick and can handle the ball, and his mid-range to outside jumper is solid enough to be a threat. Odom played at the University of Rhode Island, where he took them to the NCAA tournament and made them Final Four hopefuls. Last year, Odom averaged 17 points, 7.8 rebounds and 5.2 assists. He knows how to razzle and dazzle. Now he needs to take care of his team and be a leader in the clutch.

Another key player who will be a rising superstar is Darius Miles out of East St. Louis High. During his rookie year in 1999-2000, Miles averaged 9.4 points, one assist, and six rebounds in just 26 minutes. This kid is a high flyer, and with that will be seeing more clock this season. Miles is only 20 years of age and will be gradually maturing as the season goes along. He needs to improve his outside jumper and ball handling to become a solid player in this league. Look for Miles to take a major step to becoming a star.

The Clippers strong pickup this off-season was Elton Brand. Brand, who won co-rookie of the year in the 1999-2000 season, is looking to fit his game into this exciting Clippers team. He is a power forward that has the potential to be a Charles Barkley-like superstar in the NBA. This pre-season, Brand has gotten to a rough start and seems to be fitting in slowly. Last year, he averaged 20 points, 10 rebounds, and three assists per game. I see Brand being the player to catapult this team from being exciting to being a dominant threat in their division. Brands was a college superstar at Duke University and brought his talent to the Bulls his rookie and sophomore seasons. Look for Brand to have a slow start but pick-up his game towards the middle of the season.

Look for Corey Maggette, a third year player out of Duke, to make a lot of noise this year. He has started well this pre-season, unlike most of his teammates. Maggette is another young player at the age of 22. He spent his college career at Duke where he made somewhat of an impact. He was selected by the Seattle SuperSonics in 1999 but was traded to Orlando. Last year was Maggette's first year as a Clipper. After a bad first half of the season Maggette picked up his game and gained more playing time; at the end of the season he was averaging 10 points per game, four rebounds and one assist, all in 18 minutes of playing time. Those aren't strong numbers, but Maggette has the potential to unleash at any moment. He is having a good pre-season, and hopes that will carry out into the regular season.

Even though half the team can't go to any L.A. bars, they have an improved team. The Clippers should make the playoffs. Their season starts on Oct. 30, and it should be a good one.

Q&A

BY SKYLAR LENOX
STAR REPORTER

Oscar Sanchez, a 19-year-old student at Valley College, runs cross-country for the Valley Monarchs. Shy and quiet, Sanchez, at first disappears into the crowd, but once the crowd starts running, look for him a mile ahead of the pack.



STAR PHOTO/
KARLA S. GUTIERREZ

Skylar Lenox: How long have you been running?
Oscar Sanchez: I've been running for three and a half years.

S.L.: What got you interested?
O.S.: Three and a half years ago, I saw the Los Angeles Marathon along with my mom, and I told her that next year I wanted to participate in it. The following day, I started running to get ready for a marathon.

S.L.: Do you like running, why?
O.S.: I love running because I feel free and also to be a good example to everybody. I also believe, like Steve Prefontaine, I run a race to see who has the most guts.

S.L.: What do you do in your free time?
O.S.: In my free time, I like to spend time with my family, listen to music, go to the movies and sometimes go dancing with my best friends.

S.L.: What's your major?
O.S.: My majors are spanish and physical education.

S.L.: What college do you want to transfer to?
O.S.: I would like to transfer to the University of Oregon.

S.L.: What do you want to do after college?
O.S.: I would like to teach spanish and coach the cross country and track and field teams at a high school.

S.L.: Who is your role model? Why?
O.S.: My role model is Steve Prefontaine because he had six national distance titles; he set the American 5,000-meter distance record, he was a U.S. team member in 1972 and is a member of the U.S. Hall of Fame.

Bonds or McGwire?



"Barry Bonds has a much smoother swing and can hit farther. I would pick Barry Bonds."

Jose Pineda age 20-

- "I think Barry Bonds is just a better all around baseball player."

Norma Quichiz age 20- "I



- "The record shows that Barry Bonds is better, with less at bats, and he had more walks."

Alex Godinez age 22

- "Barry Bonds is a better homerun hitter cause he broke the record."

Shanika age 23 and Amanda age 19

